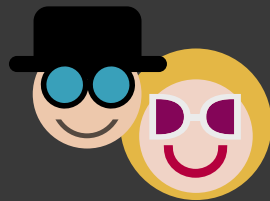


Sexuality and relationships support



DATING



FEELING GOOD



FRIENDSHIPS AND RELATIONSHIPS



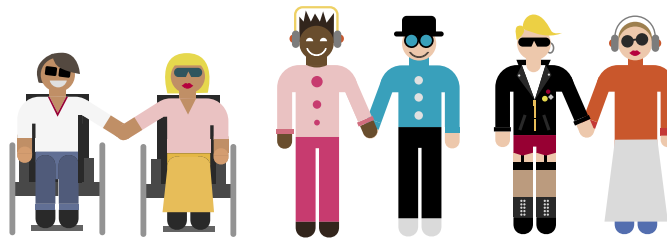
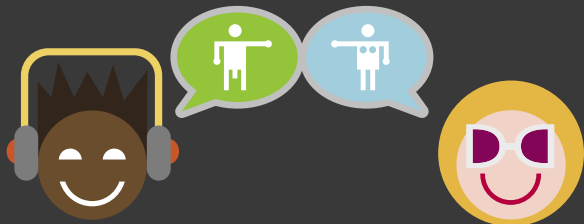
GROWING UP



KEEPING SAFE



SEXUAL HEALTH



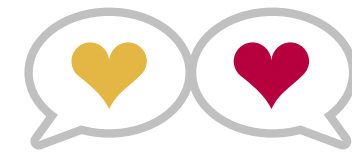
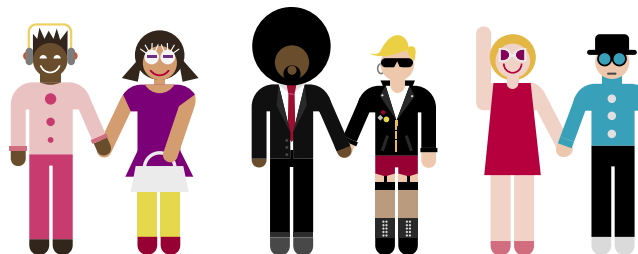
Dr Natasha Alexander is a UK trained Clinical Psychologist who is settled in Brisbane, providing support for people with intellectual or cognitive disabilities. Working primarily in the area of sexuality, relationships, consent and safeguarding.



>> VISIT WWW.CONSENTABILITY.COM FOR MORE INFORMATION

Contact

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natasha@consentability.com
m: 0406 001 166



consentability™

educate | enable | empower



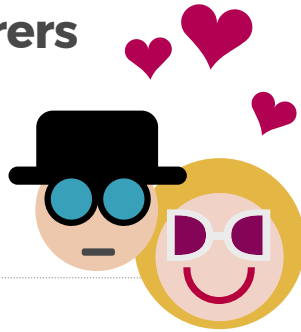
Therapy, education and consultancy for people with intellectual or cognitive disabilities

How can Consentability help?

>> VISIT WWW.CONSENTABILITY.COM.
FOR MORE INFORMATION

Parents and carers

Advice and support
Family sessions
Parent workshops



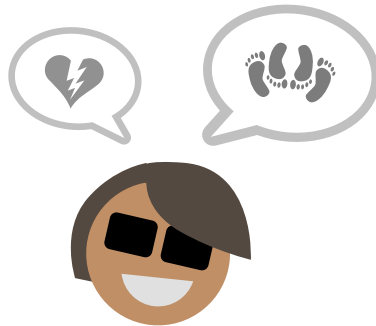
Clinicians and support staff

CONSENTABILITY CONVERSATIONS

Presentations and seminars

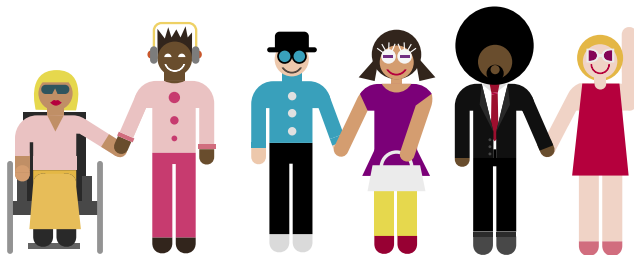
CONSULTANCY

Individuals
Organisations
Staff teams



TRAINING

Adult safeguarding
Assessing capacity to consent
Skills for working with sexuality and intellectual disability



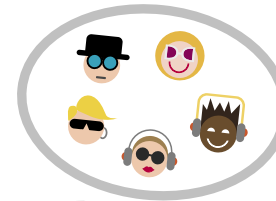
Individuals and couples

CONSENT

Understanding what you are saying 'yes' to
Communicating 'yes', 'no', 'maybe'
Taking 'no' for an answer

DATING

Boyfriends and girlfriends
Social skills



FEELING GOOD

Body image / self confidence
Pleasure



FRIENDSHIPS AND RELATIONSHIPS

Appropriate interaction
Healthy and unhealthy relationships

GROWING UP

Puberty
Masturbation
Public/private spaces



KEEPING SAFE

Assertiveness and self-worth
Self-protection skills

SEXUAL HEALTH

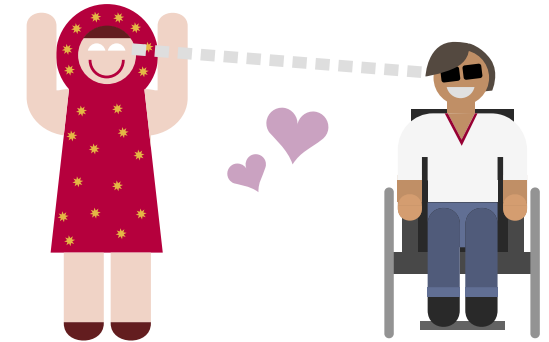
Contraception / safe practices

The role of Consentability

Supporting people with the capacity to consent to relationships.

Providing guidance about safeguarding those that don't have capacity.

Dealing with the grey area in between.




consentability

- Assessment
- Consultancy
- Education
- Parent workshops
- Therapy sessions
- Training